

call **1800 246 054**

*free call from landlines*

**mhcc.vic.gov.au/form**

**help@mhcc.vic.gov.au**

T 03 9032 3328

F 03 9949 1506



Search for 'Mental Health  
Complaints Commissioner'



**Speaking  
up improves  
services for  
you and for  
other people.**

# You have the right to speak up.

Under Victorian law, you can make a complaint about a public mental health service by:

- talking with your service
- talking with us.

## **We are independent and can:**

- help you raise your concern directly with a mental health service
- work with you and the service to help resolve your complaint
- help with other options and referrals to deal with your concerns.